



# The Red Cow Menu

Sundays & Bank Holidays

A Traditional Country Pub serving Cask Ales and Fine Wines  
renowned for its Excellent Food and Hospitality.

[www.theredcowpub.com](http://www.theredcowpub.com)

Please place your order at the bar.

## Salads

All served with a generous Mixed Salad.

Prawn ..... £12.50  
Luxury Royal Greenland Prawns.

Roast Rib of Beef..... £12.50  
Prime rib of beef sliced and served hot or cold.

Ham ..... £10.50  
Prepared and cooked by our Local Butcher.

## Red Cow Favourites


All served with one of your choice of Chips, Jacket potatoes, New Potatoes, Croquettes, Salad or Basmati Rice.

Chicken Fillets ..... £11.50  
Deep Fried Mildly Spiced Breaded Fillets of Chicken.

Steak & Kidney Pie Homemade.. £12.50  
A Rich Steak & Kidney Encased in a Short Crust Pastry.

Breaded Wholetail Scampi ..... £10.50  
Deep Fried & served with Lemon & Tartare Sauce.

Fillet of Plaice ..... £10.00  
Deep Fried Breaded & served with Lemon & Tartare Sauce.

Vegetable Lasagne  ..... £12.00  
A Tasty Vegetarian Dish.

Lasagne Al Forno ..... £12.00  
Authentic Italian Lasagne made with 5 layers of Pasta, British Beef & topped with Cheddar Cheese.

Locally Cooked Ham..... £10.50  
Served with Fried Egg or Chargrilled Pineapple.

## From the Char Grill

All served with Garden Peas, Grilled Tomato, Grilled Mushrooms and your choice of Chips, New Potatoes, Croquettes, Salad or Basmati Rice.

Sirloin Steak 8oz ..... £18.50

Lamb Cutlets Locally Produced .... £15.50

Gammon Steak ..... £14.00  
Served with Fried Egg or Chargrilled Pineapple.

**Any Allergens, Food Intolerances or Dietary Requirements; please ask a member of staff for details.**

## Red Cow Ploughman's

A real plateful served with French White Bread or Brown Bread & Butter, Local Farmhouse Pickles & Salad Garnish.

Mature Cheddar Cheese  ..... £10.00

Creamy Stilton Cheese  ..... £10.00

Locally Cooked Ham..... £10.00

## Junior Choice

Meals suitable for children 7yrs and under.

All served with a choice of two from the following: Chips, New Potatoes, Fresh Vegetables, Baked Beans or Salad Garnish.

Chicken Nuggets..... £7.50

Battered Cod Fish Fingers ..... £7.50

Breaded Wholetail Scampi ..... £7.50

Sausages..... £7.50

## Hot Drinks

Cappuccino ..... £2.30  
Traditional Italian-Style Coffee topped with Whipped Milk.

Espresso..... £2.30  
Strong Black Italian-Style Coffee.

Café Latté ..... £2.30  
French-Style White Coffee.

Coffee..... £2.20  
Freshly-Brewed Black Coffee.

Mocha ..... £2.30  
Hot Milk Chocolate topped with Espresso Coffee.

Chocolate ..... £2.30  
Hot Chocolate.

Chocomilk ..... £2.30  
Hot Milky Chocolate.

Tea ..... £2.20

See the blackboard for today's selection of specials and desserts.

All our food is cooked and prepared to order. At busy times your patience would be appreciated.

Suitable for Vegetarians 

Weights where specified are approximate and before cooking.  
20% VAT is included in all prices.

